

**Build Your Disaster Supplies Kit**

**Water**

- Store one gallon of drinking water per person, per day for drinking and sanitation
- Keep at least a four (4) day supply for each person in your household

**Food**

- Ready-to-eat canned meats, fruits, vegetables
- Evaporated milk, canned juice, soup
- Food for infants, elderly persons, special diets
- Pet food and extra water for your pet

**Additional Supplies**

- 2-week supply of prescription medications
- Non-prescription: pain relievers, antacids
- Infant bottles, diapers, wipes
- Hearing aids, extra batteries
- Cash or traveler’s check
- Important documents

**Tools and Supplies**

- Battery-operated radio and extra batteries
- Flashlights and extra batteries
- Paper plates, cups, and plastic utensils
- Fire extinguisher
- Matches in waterproof container
- Manual can opener
- Wrench / Pliers to turn off utilities
- Heavy work gloves
- Whistle to signal for help
- Moist towelettes, toilet paper, garbage bags and plastic ties for personal sanitation
- Cell phone with charger and a backup battery

**Shelter Supplies /Emergency Travel**

- Change of clothes and shoes
- Prescription Medication
- Glasses, hearing aid, contacts – case and solution
- Hygiene products (toothbrush, deodorant, Shampoo, feminine supplies)
- Baby needs (diapers, formula)
- Warm Blankets or Sleeping bag
- Driver’s license / other identification
- Paper and pencil
- Entertainment - Books, cards, puzzles

**CONTACT INFORMATION**

**EMERGENCY.....911**

|                                    |  |
|------------------------------------|--|
| <b><u>Portsmouth Police</u></b>    |  |
| Emergency.....                     | (401) 683-2422   |
| Non-emergency.....                 | (401) 683-0300   |
| <b><u>Portsmouth Fire</u></b>      |  |
| Emergency.....                     | (401) 683-1155   |
| Non-emergency.....                 | (401) 683-1200   |
| <b><u>Emergency Management</u></b> |  |
| <b>Portsmouth.....</b>             | <b>(401) 683-1200</b>  |
|                                    | <a href="http://www.portsmouthri.com/143/Emergency-Management">www.portsmouthri.com/143/Emergency-Management</a> |
| <b>State.....</b>                  | <b>(401) 946-9996</b>  |
|                                    | <a href="http://www.riema.ri.gov">http://www.riema.ri.gov</a>  |



**Rhode Island CodeRed**

[www.portsmouthri.com/423/CodeRED](http://www.portsmouthri.com/423/CodeRED)



**Rhode Island Special Needs Emergency**

[www.health.ri.gov/emergency/about/specialneedsregistry](http://www.health.ri.gov/emergency/about/specialneedsregistry)



**Red Cross Shelter  
The Gaudet Gym**

260 Turner Road  
Middletown, RI 02842

- *No pets allowed, except service animals with documentation.*
- **Shelter location may change at any time.**



**TOWN OF PORTSMOUTH, RI**

2200 East Main Road  
Portsmouth, RI 02871  
401.683-3255

[www.portsmouthri.com](http://www.portsmouthri.com)

**HURRICANE PREPAREDNESS GUIDE**



**Be Ready  
Be Safe  
Be Prepared**

## What is a Hurricane?

**Hurricanes** are massive storm systems that form over warm ocean waters and move toward land.

When wind speeds reach **74** miles per hour, it's officially called a hurricane.

The **Atlantic hurricane season** runs:  
**June 1 to November 30**

| Category | Wind Speed (mph) | Damage at Landfall |
|----------|------------------|--------------------|
| 1        | 74-95            | Minimal            |
| 2        | 96-110           | Moderate           |
| 3        | 111-130          | Extensive          |
| 4        | 131-155          | Extreme            |
| 5        | >155             | Catastrophic       |

**Threats** from hurricanes include powerful winds, heavy rainfall, storm surges, coastal and inland flooding, rip currents, tornadoes, and landslides.

**Why is this important to me?**  
**Know your Risks.**

### **The Problem.**

The **lack of knowledge for hurricane preparedness** is a global concern.

### **Severity of Problem.**

The lack of knowledge for disaster preparedness is severe.

A 2015 report by the Council for Excellence in Government found one-third (**32%**) of **US residents took no steps to prepare for potential emergencies**, with lack of awareness, beliefs and resources (time, knowledge, money) being cited as the main reasons.

### **The Impact.**

The lack of knowledge on how to prepare for a hurricane can have a **life-altering impact** on individuals, families, and their communities.

### **The Solution.**

**Hurricane preparedness** reduces the risk of **loss of lives and injuries** and increases a capacity to cope with hazard when it occurs.

## Before Hurricane Season

- Sign-up for **CodeRED**.  
It's the community's alert system.  
Receive text, email, phone calls – landlines/cell.
- Many people need extra help during an emergency, including people who: use life support systems such as oxygen or dialysis, have mobility disabilities, are visually and/or hearing impaired, developmental or mental health disabilities, use assistive animals or a prosthesis. Enrolling in the **Special Needs Emergency Registry** lets police, fire, and other first responders in your community better prepare for and respond to your needs during a hurricane, storm, or other emergency.
- Learn community evacuation routes.
- Learn the location of the Emergency Shelter.
- Have a basic first aid kit on hand.
- Create a family emergency plan. Doing so will help family members stay in touch and know what to do in the event of a severe storm.
- Make emergency plans for pets, as they are not allowed in shelters.
- Ensure your vehicle is operating properly. Keep the gas tank filled.
- Check all emergency equipment: generators, flashlights, radio are in working order.
- Make sure gutters are clean of debris.
- Trim dead or weak branches from trees.
- Review your insurance policy.
- Have cash on hand in case power goes out and credit machines or ATMs do not work.
- Gather important papers: property insurance, medical, and veterinary records. Place in a waterproof container.
- If you own a boat, have a pre-arranged plan for its safety and security.
- Plan to secure outside furniture to lessen the risk of flying debris.
- Prepare to protect windows with shutters or pre-cut plywood.
- Take pictures of home, property, valuables, boat prior to damage for insurance purposes.



## During the Storm

- ✓ **Stay informed.** Follow hurricane progress reports.
- ✓ Stay inside your home. **DO NOT** leave unless told to by emergency officials.
- ✓ Turn off all propane tanks.
- ✓ Unplug small appliances.
- ✓ Stay away from windows and doors.
- ✓ Turn refrigerator to coldest setting and keep closed.
- ✓ Fill a bathtub with water and use for sanitary purposes only.
- ✓ DO NOT use candles
- ✓ Use a generator or other gasoline-powered machinery **OUTDOORS ONLY** and away from windows.
- ✓ **LEAVE IMMEDIATELY IF TOLD TO DO SO BY OFFICIALS.**



### **After the Storm**

- ✓ Monitor media outlets for official news of the storm passing and road conditions.
- ✓ Watch for closed roads. **Do Not** enter barricaded or flooded roads.
- ✓ Stay away from moving water.
- ✓ It takes only 6-inches of fast-moving water to knock over and carry away an adult.
- ✓ Beware of downed or loose power lines. Report them immediately to power company, police, or fire department.
- ✓ Clean and dry out your home if there has been flooding.
- ✓ Take pictures of the damage for insurance claims and contact your insurance agent.

**Take an Active Role in your Safety.**  
**Be Prepared.**

