



## **Common Fence Point Improvement Association**

**Quarterly Newsletter**

**July, 2013**

**[WWW.CFPIA.ORG](http://WWW.CFPIA.ORG)**

### ***Extreme Makeover 2013: Common Fence Point Community Hall***

If you haven't been by the Community Hall in a while, get ready for a great surprise. A volunteer force from the community has been giving the hall a facelift and the efforts are really paying off. First item on the makeover to-do list: a fresh coat of paint. Neighbors walked down to the Hall with their paint buckets, brushes and drop cloths and joined together for some hard, yet rewarding work, which has brightened up the Hall and left it with a clean, beach vibe, reminiscent of the good old days when the Community Hall was a vibrant part of the Common Fence Point.

Thank you to the **Kiwanis Club** of Aquidneck Island who donated 2 air conditioning units to take the edge off the heat in our Hall. We're looking for 2 more units, if anyone has any leads. A huge thank you goes out to **Chilomer Custom Builders** of Newport. The sensational crew installed a laminate floor on our stage as a favor to our Community.

If you want to get involved in this cleanup effort, please come to Makeover Mondays which will be held every Monday at 10am throughout the summer (if doors are open, come on in). We'll be tackling ongoing projects with a goal of having a beautiful hall ready for an Open House and Summer Potluck toward the end of the summer - stay tuned!

Next on the to-do list is finishing the kitchen and tackling the "lower hall". What? You didn't know about the secret basement? You are not alone. The potential is overwhelming and already the clean up crew is having visions of Super Bowl parties and pool nights. Please come check it out. We're going to need some donations to make this place great for everyone! Please Contact **Conley Zani** with questions or suggestions: [conleyzani@me.com](mailto:conleyzani@me.com) or call her at 248-860-4797.



From left to right, some of the painting crew, **Frank and Karen Sparks, Marilyn Napier and Kathie Hopkins**

#### **DATES TO REMEMBER**

**Every 3<sup>rd</sup> Monday of the Month –CFPIA Meeting 7:15pm**  
**July 4, 2013 – Bonfire Policy & Application-Page 2 & 4**  
**September 21<sup>st</sup> – Get the Drift and Bag It – Page 3**  
**TBA – Community Hall Open House**

**Mondays at 10am – Makeover Monday at the Hall – Page1**  
**August 18, 2013 - CFP 5 Miler & 3 Mile Fun Walk – Page 3**  
**Most Fridays – Kids' Movie Night at the Hall - Page 3**  
**TBA – CFPIA Fund Raiser**

## ***4<sup>th</sup> of July and the CFPIA Bonfire Policy***

Bon fires on Common Fence Point Improvement Association property are **only** allowed on the July 4<sup>th</sup> Holiday, either July 3<sup>rd</sup> or July 4<sup>th</sup>. An application to hold a bon fire must be submitted to, approved and signed by a CFPIA trustee or officer. Once signed, the application must be presented to the Portsmouth Fire Department to further obtain a permit from them. **Please refer to page 4 for a copy of the 2013 application form.**

Exceptions to the following requirements require approval of membership and only in an extraordinary situation.

### **CFPIA BON FIRE REQUIREMENTS:**

- 1.) Bon fires can be constructed no earlier than 7 days prior to burn, and the applicant must agree to remove any and all remains with 7 days of the burn
- 2.) Only clean brush and untreated wood can be burned.
- 3.) Location is restricted to not less than 50 feet of any structure and adequate provision must be made to prevent fire from spreading to within 50 feet of any structure.
- 4.) Any open fire should be constantly attended by the applicant or a competent person assigned by the applicant until such fire is extinguished.
- 5.) The Chief of the Portsmouth Fire Department, or a designee, may prohibit any bon fire when atmospheric conditions or local circumstances make such fires hazardous or if the smoke or fumes from such fire become a nuisance to adjoining or surrounding property or persons.
- 6.) Any applicant must fill out a Bon Fire Request Form to request authorization from the CFPIA. An officer or trustee must sign the application.
- 7.) A signed CFPIA application is required to get a permit from Portsmouth Fire Department.
- 8.) The Portsmouth Fire Department will inspect the bon fire site and bon fire contents and issue a permit, if approved.

If you want to have a bon fire this year, please follow these rules to insure a safe 4<sup>th</sup> of July for all residents. Please notify the Portsmouth Police if you see anyone building a bonfire without a permit.

## ***Friday Night Movie Nights - A Smash Hit!***

It's big time family fun! Join us for a kid centric movie night every Friday at the Community Hall. It's free - just bring your own popcorn and a blanket. Movies are all rated G or PG. The first three movie nights have seen about 25 kids ages five to fourteen. We've watched Despicable Me, Tin-Tin, and Brave. The kids are now voting on what the next movie will be each week. Please pass the word and invite friends and family to attend.

Don't have kids? Come join the party on the porch while the kids are watching the movie. Adults have been getting to know their neighbors while sharing drinks and appetizers. We encourage everyone to attend to get in touch with your neighbors both young and old. Please join us! Contact Mike Zani with any questions: [zanisail@gmail.com](mailto:zanisail@gmail.com).

## ***2012 CFPIA Membership Dues Mailing Coming Up***

The CFPIA Annual Membership Drive will be starting this summer. All property owners and residents are welcome to join or re-join the Association. While income from hall rentals, donations, and fund raisers helps us to operate our Association, membership dues are the foundation of our financial security. CFPIA membership reminders will be mailed out in July or August. The membership form is also available on [www.CFPIA.org](http://www.CFPIA.org). **MaryAnn Jenks**, who is responsible for the printing, folding and mailing of the applications, could use 4 or 5 volunteers to help her this year. You can either meet with other volunteers on a specific night, or you can volunteer to do the folding at your convenience. If you have any questions, please contact **Mary Ann** at [mavh06@hotmail.com](mailto:mavh06@hotmail.com).

## ***The Entrance Garden is Looking Great!***

The entrance garden has been refreshed with new mulch to help maintain moisture over the hot summer months. Thank you to CFP resident **Jeanne Travers**' grandson **Josiah** who helped to apply the mulch. Also, thanks to CFP resident **Karen Laskarzewski** for her generous donation of day lilies from her garden! Donations are always gladly accepted; in particular any plants that can withstand sandy soil and full sun. As always, if anyone would like to volunteer to help weed and water the entrance garden during the summer months, please contact Barbara Ney at [barbney@gmail.com](mailto:barbney@gmail.com).

## **Annual Get the Drift and Bag It – September 21<sup>nd</sup>, 2013**

Volunteers interested in cleaning the shoreline this year are asked to call **Mil Kinsella** at 401-633-2606 or email her at [sterlingmil@cox.net](mailto:sterlingmil@cox.net) to register. Pre-registering will help to determine the amount of supplies needed, including the number of tee shirts to order! Watch for signs at the Entrance Garden for the start time. This is the cleanup where volunteers are asked to record all debris picked up and tally the amounts on a data card. The information is used by The Ocean Conservancy to educate people and create solutions to the problem of solid waste and litter.

### **Getting Fit in Common Fence Point!!**

We have it all, folks, and there are no more excuses for you!! **Three** different types of fitness classes!

**First – ZUMBA** The newest class that has generated the most excitement in years! Zumba is the Latin-inspired, easy to follow, calorie-burning, dance fitness party! Are you a little nervous about trying Zumba? This is the class for you. Over half of our participants are brand new to Zumba! This isn't a gym - there is no financial commitment and no mirrors! Dance like no one is watching - isn't that how the saying goes?

The cost of the class is \$5 and they are held Tuesdays at 6:30pm, Wednesdays at 9am and a new class has been added by popular demand on Thursdays at 5:30pm. **Conley Zani** teaches this class, and often has other Zumba instructors rotate as the teacher during the hour long class. Please contact **Conley** for more information at [conleyzani@me.com](mailto:conleyzani@me.com)

**Second – Stroller Strides®.** This fitness class is just for new Moms. It's a total fitness program that moms can do with their babies. It includes power walking and intervals of strength and body toning exercises using exercise tubing, the stroller and the environment. Taught by certified and specially trained fitness instructors, it is a great workout for any level of exerciser. Stroller Strides instructors weave songs and activities into the routine designed to entertain and engage baby, while moms are led through a series of exercises specific to her role as mom.

This unique program also provides moms with the opportunity to meet other moms, engage in playgroups with their babies, and to form lasting friendships. Stroller Strides is designed to give mothers the "Strength for Motherhood!" **Marlith Austin** started teaching Stroller Strides last year in Common Fence Point. Classes are held Monday and Saturdays At 9:15am. Moms meet in the Playground area. During the winter, and should it rain, classes are held in the Community Hall. After the Monday class, there is a playgroup starting at 10:30am which is open to the public therefore membership/fees is not necessary. We offer activities or arts and crafts. **Marlith** provides all the supplies so all the moms and babies have to do is just join us and have fun For more information, including other class locations and pricing, please visit <http://newport.fit4mom.com>.

**Third, YMCA Classes.** Fitness classes are held at the Community Hall on Monday and Wednesday evenings at 6pm. Classes are formatted so that all levels are able to participate. Please email **Moria Maloney** at [groupx@newportymca.org](mailto:groupx@newportymca.org) for further information on current classes and those planned for the coming months.

**Best news of all:** OK, so there are costs associated with taking these classes, but guess what? NO TOLLS!!!

### **Thanks to the Earth Day Volunteers, 2013!**

Thirty six volunteers made a noticeable change to the environment on CFPIA's 23<sup>rd</sup> Earth Day Clean Up on April 20. The weather was gloomy but no match for the cheery stewards of the Earth. They understood what a blight litter is to our neighborhood and did something about it! Half of the volunteers were from Cub Scout Pak #50. They spent hours along the roadside and on the beaches bagging trash. Thanks to **Cynthia Mello-Wolz** for once again organizing those little troopers and their parents!

A hearty thanks to **Michael**, the owner of **Scampi's** and his staff, who treated the workers to a free lunch! Twenty-three volunteers took him up on his offer and we were served like royalty to a four course meal.

Thanks to co-chairs **Mil Kinsella** and **Brenda Munro** for again organizing this event, and getting the word out through publicity. And thanks to our Common Fence Point neighbors would pitched in to help!

Last, thank you to the **Portsmouth DPW** crew who collected the trash bags promptly on Monday morning!

### **CFP 5 Mile Road Race and 3 Mile Fun Walk to be Held on August 18<sup>th</sup> at 10am**

This annual race is held to support the Portsmouth High School Boosters Club. CFP residents may experience some short traffic delays. The race takes walkers and runners on to the following streets: Anthony Road, Attleboro Avenue, Common Fence Point Boulevard, Greenfield Avenue., Massachusetts Boulevard, Rhode Island Boulevard, Massasoit Avenue, Narragansett Boulevard, King Philip Street, Raynham Ave, North Water Street., Summit Road, and Sakonnet Drive. Please keep that in mind if you are heading out that morning. Please drive carefully and take heed of any runners or walkers! For more information on the race, please contact **John Santillo** at 401-683-4733.

CFPIA  
PO Box 134  
Portsmouth, RI 02871  
**Meetings Held 3<sup>rd</sup> Monday of the Month 7:15 PM**

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### 2013 CFPIA Bon Fire Application Form

**To request CFPIA approval for a bon fire on July 3<sup>rd</sup> or 4<sup>th</sup>, fill out this form, and contact an Officer or Trustee of the Association to get their signature. Bring the signed application to the Portsmouth Fire Department to apply for a permit with the Town.**

Applicant Name: \_\_\_\_\_

Applicant Address: \_\_\_\_\_

Applicant Phone #: \_\_\_\_\_

Date of Bon Fire : \_\_\_\_\_

Location of Bon Fire: \_\_\_\_\_

I agree to the policy for the construction, monitoring, and clean up of bon fires on CFPIA property and by signing this document, take full responsibility thereof.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

CFPIA Officer/Trustee: \_\_\_\_\_ Date: \_\_\_\_\_

**Officers:**

Dennis Macedo 401-573-5915 [damescape@aol.com](mailto:damescape@aol.com)  
Kristina Thompson 401-683-7677 [kristina145@verizon.net](mailto:kristina145@verizon.net)  
Marilyn Napier 401-293-0345 [mpnapier@yahoo.com](mailto:mpnapier@yahoo.com)  
Jackie Shearman 401-683-0916 [jshearman@cox.net](mailto:jshearman@cox.net)

**Trustees:**

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